

SOCIAL SECURITY ADMINISTRATION
Rutland Office Asa Bloomer Building 1-866-690-2025
North Adams Office MA 96 Marshall St 1-877-319-5709
National Office Baltimore MD, 1-800-772-1213

SUPPORT GROUPS

There are many support groups for a variety of needs in the Bennington area.

Consult the Southwestern VT Health Care

802-447-5076

Patients/Visitors tab www.svhealthcare.org/patients-visitors/support

TRANSPORTATION

Green Mountain Express Bennington and Manchester

802-447-0477

To medical appointments, essential shopping & by volunteers.
(Call several days ahead to insure a ride)

Neighbor to Neighbor 802-367-7787

Service area is Arlington, Manchester, Danby, Dorset, Pawlet & Rupert

VETERANS BENEFITS & COUNSELING

Bennington VA Clinic 802-440-3300

Medical appointment or help with VA forms
M-F 8am- 4:30pm

Health Benefits Information 1-866-687-8387

Southwestern Vermont Council on Aging 802-786-5990

VOLUNTEER OPPORTUNITIES

RSVP & the Volunteer Center

Volunteer positions throughout Bennington County
802-447-1546

Neighbor to Neighbor - 802-367-7787

Southwestern Vermont Council on Aging

Money Management – Assist older adults with paperwork related to bill paying & check books.

General Volunteer- Give us a call to learn what current needs our clients or office may have.

(802)786-5990 1-800-642-5119

VNA & Hospice of the SW Region

Hospice Volunteer - 802-442-5502



Are you over 60?
Looking for answers on aging?

Call the *SVCOA Helpline*
802-786-5991 or 1-800-642-5119
www.svcoa.org

For more information on Vermont programs & services visit the Department of Disabilities, Aging, and Independent Living's website at www.asd.vermont.gov

GUIDE TO SENIOR SERVICES: BENNINGTON AREA

Compiled by the



ADULT DAY CARE PROGRAMS

A supportive, enjoyable environment for elders requiring daytime supervision due to physical, social, or emotional problems.

Bennington Project Independence:

614 Harwood Hill, Bennington, VT
802-442-8136

ADULTS WITH DISABILITIES

Advocacy, information, and funding.

Vermont Center for Independent Living (VCIL)

601 Main St, Bennington, VT
802-447-0574

ALZHEIMER'S & MEMORY DISORDERS

Alzheimer's Association of VT

(802)316-3839 – 1-800-272-3900

www.alz.org/vermont/

Diagnosis and treatment

The University of Vermont Medical Center

(802)847-4589 – 1-800-358-1144

Memory Clinic/SWVT Medical CTR Bennington

(802)447-1407 – 1-866-646-3362

www.memorydoc.org

Caregivers Support Groups

Bennington Project Independence

802-442-8136

Respite Care Grant

Southwestern Vermont Council on Aging

Annual grant for unpaid caregivers of people with a diagnosed memory disorder so that the caregivers can "have a break."

(802)786-5990 – 1-800-642-5119

AREA AGENCY ON AGING

Southwestern Vermont Council on Aging

Information & Assistance, Case Management, Options Counseling
Caregiver Supports, Health Benefits Counseling and Rep-payee.

Personalized, confidential assistance for adults over age 60 to
explore options for the challenges that come with growing older.

www.svcoa.org 802-442-5436 1-800-642-5119

160 Benmont Ave., Suite 90 Bennington, VT

CRISIS SERVICES

Report Abuse

Adult Protective Services

To report suspected abuse of disabled or adults over 60
1-800-564-1612

Self Neglect over age 60

Southwestern Vermont Council on Aging

1-800-642-5119

Fuel Crisis (nights & weekends)

Department of Children & Families, Economic Services

1-800-479-6151

Emergency Counseling

United Counseling Service

Bennington 802-442-5491 / Manchester 802-362-3950

Veterans Crisis Line 1-800-273-8255

Domestic Abuse

PAVE

Safety and counseling for women who are in abusive/dangerous
relationships. 802-422-2370

24 hr. hotline 802-442-2111

Debt Management

Green Path Debt. Solutions

Help with managing credit card debt

1-800-550-1961

EMERGENCY RESPONSE SYSTEM

Lifeline The button for summoning emergency help.

Southwestern VT Medical Center 802-447-5089

<http://svhealthcare.org/services/personal-emergency-response/>

CST or Link to Life 1-800-848-9399

NEERS New England Emergency Response System

1-800-888-0338 TTY/TTD: 1-800-545-1833 ext.100

ECONOMIC SERVICES

Department of Children and Families

3SquaresVT (food assistance), Fuel Assistance, & Essential Persons

Bennington office: (802)442-8138

Statewide call center: 1-800-479-6151

EXERCISE

Bennington Senior Center

802-442-1052

HOME HEALTH CARE AGENCY

At Home Senior Care- 802-447-7477

Manchester Health Services- 802-362-2126

Bayada Nurses- 802-442-8855

Bayada Hospice- 802-282-4122

VNA & Hospice of SW Region

Bennington 802-442-5502

Dorset 802-362-1200

Rutland 802-775-0568

Rewarding Work- Online listing of private direct care
workers. Call Senior Helpline for information

1-800-642-5119

HOSPITAL / HEALTH CARE

Southwestern VT Medical Center

100 Hospital Dr, Bennington, VT 05201 802-442-6361

HOUSING

Lists of subsidized housing, senior apartments, residential care,
assisted living facilities, and nursing homes.

Southwestern Vermont Council on Aging 1-800-642-5119

Housing Authorities

Vermont State 1-800-820-5119

Bennington County 802-442-8000

LEGAL ASSISTANCE

Vermont Legal Aid Elder Law Project 1-800-889-2047

LONG TERM CARE INFORMATION & ADVOCACY

Problems and complaints

Vermont Legal Aid Long Term Care Ombudsman

1-800-889-2047 (toll free) 802-855-2411

List of residential care/assisted living & nursing homes

Southwestern Vermont Council on Aging

802-786-5990 or 1-800-642-5119

LOW INCOME ADVOCACY & SERVICES

Budget Counseling & Assistance, Food shelves,

Home Weatherization,

and Heating Emergencies

BROC, Bennington Rutland Opportunity Council

332 Orchard Rd, Bennington, VT 05201 802-447-7515

MEALS ON WHEELS

Information or to enroll contact:

Southwestern Vermont Council on Aging

802-442-5436 or 1-800-642-5119

MEALSITES/COMMUNITY LUNCHEONS

Join others for a hot meal at local town sites around Rutland
County. List of sites:

Southwestern Vermont Council on Aging

802-442-5436 or 1-800-642-5119

MEDICAID, HEALTH INSURANCE & PHARMACY ASSISTANCE

Green Mountain Care

1-800-250-8427

SENIOR / COMMUNITY CENTERS

Bennington Senior Center

124 Pleasant St, Bennington, VT 05201 802-442-1052

SENIOR COMPANION PROGRAM

Southwestern Vermont Council on Aging

Provide 1 to 1 support for older adults who want to maintain
their independence. (small stipend paid)

802-786-5990 or 1-800-642-5119